

# Midlands Herald

An initiative of "About Campbell Town Inc"

Issue 66

NOVEMBER 2007

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**The Campbell Town Area Community Services Board Inc and Campbell Town Health & Community Service launched the Health Map II Report and the 'Community Feedback Postcard' on Tuesday 13<sup>th</sup> November in the Town Hall, Campbell Town**



## Health Map II

Health Map II, carried out during 2006 on behalf of the Campbell Town Area Community Services Board, is an inquiry into the health and wellbeing needs and concerns of residents in the Campbell Town Health and Community Service catchment area.

Individual surveys were sent to each household, and a total of ten community forums were held in Campbell Town, Ross and Avoca to capture the community 'voice'. In addition service providers were asked to express their views regarding health and well being needs.

The rich data from this 'conversation with our community' is being used to help ensure programs and services are of a high standard, responsive and relevant. The Health Map II Report will also inform the development of local community resources and infrastructure for health and wellbeing.

## Summary of key health and wellbeing concerns

Consumers: Individual surveys (n=131)

- Accessibility and availability of GP and emergency services
- 23% of respondents stated that lack of transport was the reason they were unable to access services
- Need for dental service
- Need for additional exercise and fitness programs
- Diet and Nutrition

Cont Pg 3

# Harcourts™

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MIDLANDS

111 High Street Campbell Town Phone: 0363 811 300

### Notice of Sludge Management Operations at Campbell Town WWTP

Council are soon to commence desludging operations at the Campbell Town WWTP, to take advantage of the summer drying period. This information is provided to ensure that the community is notified of the planned works, and has access to a Council contact to report any issues.

Council officers have received approval from the Department of Environment to commence the dewatering and drying of one lagoon. This is a regular maintenance activity which needs to be carried out every five years (approximately). Once dry in late summer, the sludge material can then be removed from the site. Desludging operations carried out during the last summer period (06/07) resulted in vast improvements to the effluent quality from the lagoons, and it is anticipated that overall plant performance will again be improved through the desludging of this additional lagoon.

Residents may be aware that during early 2007 some odour issues were attributed to desludging operations at the plant. Since this time, Council have developed alternative management strategies to minimize odours generated during the desludging process, and have also installed a new power supply to the site to run aerators, to ensure that bringing lagoons back "online" does not result in odour issues.

Should odour issues from the plant be apparent at any time during the next several months, you are encouraged to contact Council's Manager of Engineering Services on 6397 7303 to report the problem.

Kind Regards

**Andrew Howell**  
MANAGER ENGINEERING SERVICES  
NORTHERN MIDLANDS COUNCIL

Ph: (03) 6397 7337 Fax: (03) 6397 7331  
Mob: 0439 115 205

[andrew.howell@northmidlands.tas.gov.au](mailto:andrew.howell@northmidlands.tas.gov.au)

### The Campbell Town Ladies Social Netball

The Campbell Town Ladies Social Netball finalised their season with a dinner presentation and best & fairest count at Cafe 100 on Saturday 10 November 2007. The grand final was played out between Clipsal Saggy Bits & Zeppettes, with Clipsal coming out winners at the end of the night.

- Congratulations to all our winners
- Premiers - Clipsal Saggy Bits
- Best & Fairest - Kristy Stevens
- Runner Up Best & Fairest - Bonnie Goss
- Most Consistent - Tracey Knowles
- Most Improved - Bonnie Goss & Tara Madden

Thank you to everyone who helped throughout the season and we hope to see you all back next year.

	<p><b>John &amp; Vera Rayson</b> 3 Clare Street Campbell Town Tas. 7210</p>
<p><b>Antique &amp; General Furniture Restorations.</b></p>	
<p>We also build special pieces of furniture to your specification.</p>	
	<p>Phone: 03 6381 1612 Mobile: 0429 335 243 Email: <a href="mailto:rayson2@megalink.com.au">rayson2@megalink.com.au</a></p>



Campbell Town Online Access Centre, represented by volunteer Pauline, in the Corporate Section of PZAZZ See report pg 7

## HEALTH MAP

cont from pg 1

Consumer Forums (n=121 participants in 10 community forums)

- Accessibility of hospital and medical services
- Transport accessibility and affordability
- Health promotion/healthy living
- Clean drinking water
- Child Care
- Exercise and fitness facilities

Dental services

Service providers (n=23)

- Inadequate transport
- Accessibility and affordability of services
- Diet, nutrition & physical activity
- Mental health

Provision of support to families, youth and children

*A common theme for Health Map II participants was 'Communication': the need to have good information regarding services, programs and community resources.*

### 'Community Feedback Postcard'

This postcard will soon be available at local businesses and your nearest post office. Postage is paid but cards can also be dropped off at Campbell Town Health & Community Service reception.

The postcard encourages anonymous community feedback on health and wellbeing issues and service needs, regardless of whether the feedback is provided by someone speaking on their own behalf, on behalf of another or reporting an overheard comment. This system is designed to treat all feedback equally.

All postcards will be taken note of and all comments will be responded to in a timely manner by Campbell Town Health & Community Service via Midlands Herald, Centre newsletter, flyers and posters.

## Campbell Town Online Access Centre Invites you to a Community Forum

*Date:* 10th December 2007

*Time:* 6.15

*Location:*

Campbell Town District High School  
Library



To ensure that the Campbell Town Online Access Centre is meeting community needs we would like your input into the running of this community service.

The community forum is part of our annual review of services, and it gives you the opportunity to put forward your ideas about what services are offered in 2008 and beyond.

To accept our invitation please phone

Sally 63 811 318  
by the 6th December  
(for catering purposes)

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\* Calls from mobile phones are charged at applicable rates.

Authorised by the Australian Government, Capital Hill, Canberra.

# AFFECTED BY THE DROUGHT???

Need some planning advice?  
Want to know what drought assistance is available?

Then come to the

## DroughtPlan Roadshow

### 1.30pm to 5.30pm

**Official Launch of TFGA Drought Lot Project,** speakers on Tasmania's Drought Declarations, Seasonal Rainfall Outlook, Grain Outlook, Financial Risk Management in Drought, Recovery from Drought, Practical Risk Management Planning and a word from the Salvos.

*Bring the family and enjoy a*

**FREE BBQ & LIVE MUSIC BY JOHN & COL**  
from

### 5.30pm to 8pm

## Venues

**28<sup>th</sup> November, 2007** *The Grange Conference Centre, Campbell Town*


**29<sup>th</sup> November, 2007** *The Stables, Oatlands*

**30<sup>th</sup> November, 2007** *Gala Estates, Cranbrook*

Drought Information Packs available, service providers on hand to answer all your questions

TO RSVP OR FOR MORE INFORMATION

CALL 1800 154 111

**CHRISTMAS CAROLS AT ROSS**  
**TUESDAY, 11th DECEMBER 2007**  
 Meet at the War Memorial  
 6:00 pm  
 Song sheets provided  
 (Courtesy of The Wool Centre)  
 Bring a smile and a Santa hat  
**ALL WELCOME**

# Midlands Community Events Ross Calendar

Each Week	<b>Man'O'Ross Hotel</b>
Friday <b>6:00 – 9:00 pm</b> Sundays <b>12:00 – 2:00 pm</b>	Alan James on piano Jazz – Bruce Gourlay and associated artists
<b>Sunday 25 November</b>	<b>Ross Market</b> New stallholders welcome Contact Kylie on 6381 5335
	<b>Historic Motorcycle Display</b> Ross Football Ground For further details contact Howard Burrows on 0409 512 226
<b>Saturday 8 December</b>	<b>Motorcycle Riders Association Tasmania – Toy Run to Hobart</b> Experience the sight of the bikes filling the main street of Ross as they have a break late morning on their way to Hobart
	Ross Community Sports Club Inc Members Christmas Party
<b>Tuesday evening 11 December 2007</b>	Carol singing
<b>2008 Saturday 9 February</b>	<b>Ross Rodeo</b>

## Garden Club

President Una booth welcomed popular Mark Hay to October Club meeting. Mark bought some lovely plants with him and gave advice on how to grow same.

Members having a trip on 17<sup>th</sup> November to Hobart's Botanical Gardens and also visiting Richmond

Annual Christmas Dinner will be held on December 8<sup>th</sup>. No meeting will be held in December As usual the meeting ended with trade table and supper.

Flower Competition results:

Flowers: Y Caravaggio 1<sup>st</sup> P Barr 2<sup>nd</sup>

Foliage: P Barr

Veg/ fruit: W Barr 1<sup>st</sup> Y Caravaggio 2<sup>nd</sup>

Betty Ashman (Hon sec / treas)

(photo) The Friends' Mixed Border at the Botanical Gardens

<http://www.rtbg.tas.gov.au/>



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FROM \$50

DOES SOMEONE YOU KNOW NEED WORK DONE AROUND THEIR HOME, BUT NO ONE TO DO IT FOR THEM... A GIFT VOUCHER FROM JANEIL'S MAY JUST BE THAT UNIQUE GIFT FOR CHRISTMAS OR ANY TIME OF YEAR... (AVAILABLE TO ANY QUOTED JOB OR DOLLAR VALUE)

**0429 340 214**  
NEIL AND JANE COLLINS

# Midlands Community Events Calendar



PROUDLY SPONSORED BY  
**Dick Adams MP**  
Federal Member for Lyons

Written and Authorised by P. Keamey, 21 Killara Ave, Exeter, Tas. 7275

<b>Monday</b>	Ladies Social Netball IN RECESS School gym 6.30pm Enq:Bec Illingsworth ph:63 811 512	<b>Thursday</b>	Fit Ball Class 9.15am-10.15am Physio led
	Alcoholics Anonymous 6.30pm at Campbell Town Health and Commu- nity Service. Further info contact Richard 0428 971 608		Youth Recreation on Thursdays School Terms 3pm - 6pm for 12-18 yr-olds.
<b>Every 2nd Monday</b>	The Book Club meets every 2 <sup>nd</sup> Mon- day 1-3 (unless a public holiday, then it's the 1 <sup>st</sup> Monday). Enquiries to An- gela on 6381 1299.		Pilates 6.15pm – 7pm Gold Coin to join in. Phone Emma on 6381 3386
<b>3rd Monday EVERY MONTH</b>	Meditation 11am <i>in recess</i>	<b>Friday</b>	Flanagan & Chugg Taekwondo 6.30 - 8pm School gym Info: Tim or Katrina 63981809 or 0419430538
<b>4th Monday EVERY MONTH</b>	Penguin Club 12.20 sharp Quorn Hall meeting room	<b>3rd Friday EVERY MONTH</b>	Garden Club 7pm at the Multi Purpose Centre
<b>Last Monday EVERY MONTH</b>	Night Life 7-9pm Quorn Hall meeting room .info Tim 63813382/ Mary-Ann 63813390. November last one for year:	<b>Last Sunday EVERY MONTH</b>	Campbell Town Market at the Town Hall enquiries 63811 390 or 63 915 770 NOVEMBER last market for 2007
<b>Tuesday</b>	Creative Group 10am - 12 00pm Campbell Town Health and Commu- nity Centre	<p style="text-align: center;"><b>Campbell Town Walking Group</b></p> <p style="text-align: center;">All walks depart Campbell Town Health and Community Service at 5pm</p> <p>27<sup>th</sup> November 4<sup>th</sup> December 11 December 18 December (picnic at Ross and Christmas break) Walks recommence on January 15<sup>th</sup> 2008</p> <p>Phone Tim (Primary Health Care Worker) on 6381 3382 for more information</p>	
	Badminton school gym 6.30pm All welcome		
<b>3rd Tuesday EVERY MONTH</b>	Campbell Town District Cancer Sup- port Group Quorn Hall Room at CTCHS at 6pm		
<b>WEDNESDAY</b>	<b>STARTING SOON</b> Trivia night: Campbell Town Motel and Bistro INFO Ph 63 811 158		
<b>Wednesday</b>	Men's Shed: ROSS School 10.30am - 2.30pm Info:0407830510		

## CAMPBELL TOWN HEALTH & COMMUNITY SERVICE

### Auxiliary News

Bowl and trade table: \$38.50  
Garage Sales: \$528.45  
Catering bull sales \$600  
Market (R Hulin, B Laycock) \$943

**Purchases**  
Lifter \$3,661  
Lifter attachments \$313  
Floor level bed \$4,430



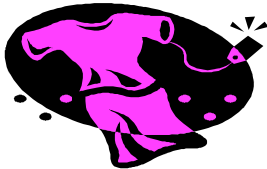


# Campbell Town Health & Community Service

70 High Street, Campbell Town: Phone 6381 3300

## Next Centrelink Visits :

14 November and 19 December 2007 10.30 – 12.00. Please phone 6381 3300 for an appointment.



## PZAZZ FASHION PARADE

This 'Fashion Parade with a difference', hosted by Youth Space, was held on Friday 26<sup>th</sup> October. Thank you to all those who attended, helped to make costumes, and supported the models.

Thank you to our sponsors:

Crystal Shards  
Coopers of Campbell Town  
Zeps  
Subway  
Post Office, Campbell Town.  
Janeils Property Maintenance  
About Campbell Town Inc.  
Caltex  
Dept. Health and Human Services  
Northern Midlands Council  
Campbell Town Health & Community Service

Winners were:

Pzazz 1<sup>st</sup> Prize Zoe McKean  
2<sup>nd</sup> Prize Laura King Grey  
3<sup>rd</sup> Prize Chloe Goss

Calico Primary: Melanie Haney  
Calico Youth: Ashlee Groves  
Tilly Martindale

Recycle Primary: Matilda Scott  
Recycle Youth: Zoe McKean

Duo Primary: Charlotte Scott  
Laura King Grey  
Duo Youth: Chloe Goss  
Josie Watson

Fantasy Primary: Megan Flood  
Fantasy Youth: Chloe Goss  
Fantasy Adult: Peter MacKenzie

Corporate: Zeps (Modelled by Jenna Flood)

Approx 30 models showed off the latest in fashion from Crystal Shards and Coopers of Campbell Town (R.M. Williams) as well as their own creations. A particular mention goes to the Campbell Town Venus Guides for grouping together to make their stunning creations. Well done!

Thank you also to the Judges, Youth Spacers and adults who help out behind the scenes. Proceeds from the raffle and door sales will go towards a Youth Space bus trip during the Christmas holidays.

A special thanks to Bob, our photographer! Photos of the models and faces in the crowd are available to order at a tiny cost from the Post Office, Campbell Town.



Laura King Grey, Master of Ceremonies: Nathan, & Charlotte Scott at Pzazz

## NIGHT LIFE:

Christmas Break up

Monday 26<sup>th</sup> November, 6pm BBQ.

All Welcome. Come along and wind down with Mary Ann and Tim.

RSVP to 6381 3300.

Health Map II and Post Card Launch: (see editorial front page). Copies of the Health Map report and 'postcards' to send in your community feedback about health services are available at the Reception of Campbell Town Health and Community Service and post-offices

# Conara celebrates Halloween





## Conara celebrates Halloween

Halloween at Conara has been running for around five years. It started with only a couple of children and now numbers are up around forty.

The children are very excited to go trick or treating. It is very exciting to see them all dressed up, with many residents without children participating just to see the costumes.

Neil and Nancy Jones (below) residents of Conara for quite a few years look forward to treating the children each year. (and I believe she has a special order for her coconut ice!)

A big thank you to all who provide tricks and treats for the children



# Dick Adams MP

## Federal Member for Lyons



*House of Representatives*

### MEDIA RELEASE

Wednesday 7 November 2007

Dick Adams today welcomed the announcement that a Rudd Labor Government will direct the Australian Competition and Consumer Commission (ACCC) to evaluate the Horticulture Code of Conduct as part of Federal Labor's national grocery pricing inquiry.

The Horticulture Code of Conduct is to regulate trade between growers and wholesalers of fruit and vegetable industries and provide dispute resolution.

"With around ninety percent of produce nationally provided to supermarket chains being based on direct relationships between individual growers and supermarkets, it's important to protect the interests of farmers by making sure they get a fair deal from major buyers, Dick Adams said.

"Although the Code of Conduct was legislated in May, there have been difficulties with its implementation, and we need to ensure that it is being properly enforced.

"To make sure that this is happening, Labor will direct the ACCC to look at the effectiveness of the Horticulture Code of Conduct as part of Federal Labor's national grocery pricing enquiry

"Federal Labor wants a fair deal for the hard working farmers of Lyons, and this is part of that commitment to them. Currently farming families are being hit twice, one when they sell produce, and again when they go to the supermarket.

"Only Labor has a plan to look at this and make sure that farmers are being treated fairly", Dick Adams said.

This builds on Labor's previous commitment of \$60 Million over 3 years to help farmers respond to the challenges of climate change, by helping farmers understand and use data on climate change to adapt practices for their specific region and ensure ongoing viability.

**Contact:**

**Dick Adams – 0418 132 828**

### POOL ATTENDANTS — CRESSY, CAMPBELL TOWN & ROSS

Applications are invited to undertake duties as a casual pool attendant at Cressy, Campbell Town & Ross for the 2007/2008 season. A copy of the position description is available from the Council Offices, Longford or—  
[www.northernmidlands.tas.gov.au](http://www.northernmidlands.tas.gov.au)

Applicants will need to hold a current Royal Life Saving Society Lifeguard Certificate

Applications close on Friday 28 September 2007 and are to be addressed to the General Manager, PO Box 156, Longford TAS 7301.



Jim and Rosie outside the supermarket BBQ-ing for the Leukaemia Fundraising Event

### Damsel in distress

**Question** How many men does it take to rescue a damsel in distress in Ross, who has locked her keys in the car?

**Answer** – more than these men – they still had to call the RACT!!”



### Book Worm

#### The Two of Me

**Andrew Johns** is one of the most compelling personalities in Australian sport. However, his sporting achievements have masked the overwhelming challenges he has faced off the field. Told with disarming honesty, and full of humour and warmth, *The Two of Me* is without doubt the most anticipated autobiography of the year.



#### Searching for Schindler

When **Tom Keneally** wrote *Schindler's Ark* over twenty years ago he had no idea how much the story of **Oskar Schindler** would change his life. The book went on to win the 1982 **Booker Prize** and was made into the Oscar winning movie *Schindler's List*. But behind the book was the much more personal journey of **Keneally** uncovering the Schindler story and the people on the now famous list. A fascinating memoir, *Searching for Schindler* is a unique insight into a wise and very compassionate man.

#### Vietnam The Australian War

In *Vietnam The Australian War*, **Paul Ham** (author of the bestselling *Kokoda*) narrates in compelling detail the full story of Australia's involvement in our longest military campaign, in which 50,000 Australians participated. This extraordinary, sweeping account draws on hundreds of unpublished sources and interviews with soldiers, politicians, medical practitioners, aid providers, entertainers and the Vietnamese people to reconstruct the epic history of a campaign that disfigured a country and divided the world, nations, families and friends.

## The Penguin Club



*Are you someone that likes a challenge?*

*Do you want to communicate with confidence & competence*

*Is the Penguin Club for you?*

*Perhaps it would suit someone you know —*

*Maybe a neighbour or a friend*

*Is there someone at your workplace who would benefit?*

### History

The Penguin Club was formed in Sydney in 1937 at a time when few women were active in public life. The Club's co-founder, Mrs M Jean Ellis OBE, realised that if women were ever to attain their potential, they must be trained to be confident, concise and convincing speakers, competent in chairmanship and meeting procedure. The concept of a non-political club for women speakers is as important today as it was at the time of the Club's inception.

The Club was established in Victoria in 1942, Western Australia in 1945, South Australia in 1947, Tasmania in 1949, Northern Territory in 1963, Queensland in 1965 and Lae Papua New Guinea in 1980. The Penguin Club has assisted many women to gain confidence and communication skills so that they have been able to return to the workforce, serve in all fields of government and professional organisations and areas of community interest.

Women from other countries, now resident in Australia have found assistance in learning a new language and pleasure in the fellowship that The Penguin Club offers.

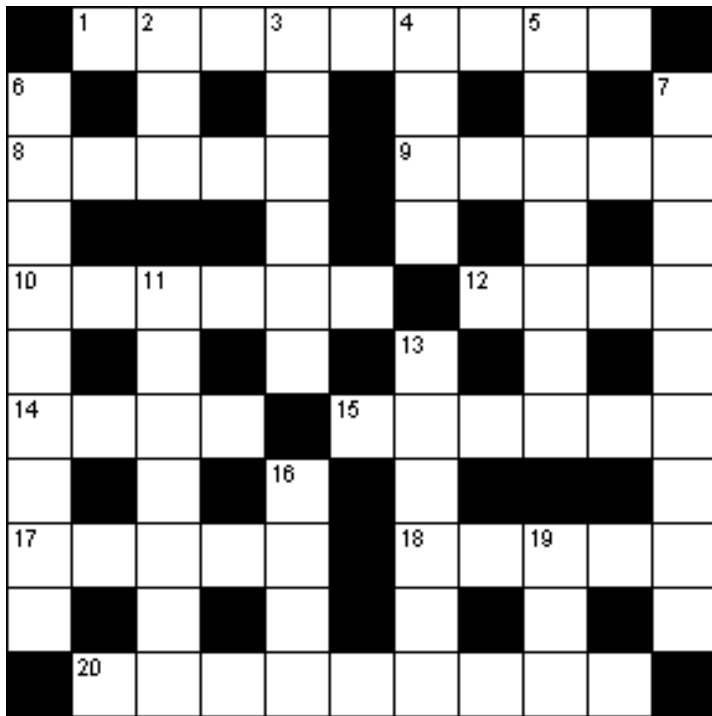
Celebrating seventy years this year, with a party at 'Somerscoates', each club will outfit a member in 1937 style.

Fashion trendsetters in the period included the Prince of Wales Edward VIII and his companion, Wallis Simpson, Fred Astaire, Carole Lombard and Joan Crawford.

More info Anna 63 813 300 or check out

<http://www.thepenguinclub.asn.au>

### Crossword No 62



**ACROSS:**

- 1. Carry on a legal prosecution
- 8. Summed
- 9. Growl angrily
- 10. Evening meal
- 12. Duct for smoke
- 14. Additional
- 15. Intense dislike
- 17. Language
- 18. Pertaining to a particular place
- 20. Carry

**DOWN:**

- 2. Slender bar
- 3. Capital of New South Wales
- 4. Snug
- 5. Film excerpt
- 6. Fax
- 7. Northumberland town
- 11. Associate
- 13. Ride at full speed
- 16. Before long
- 19. Automobile

CAMPBELL TOWN ONLINE ACCESS CENTRE  
 OPENING HOURS: **ph: 63 811318**

Monday: 10am - 12pm  
 1pm - 5pm  
 Tuesday: 10am - 12pm  
 1pm - 6pm  
 Wednesday & Saturday: 10am - 2pm  
 Thursday: 11pm - 6pm  
 By appointment only: 6pm 8pm  
 Friday: 10am - 4pm



[www.campbelltown.tco.asn.au](http://www.campbelltown.tco.asn.au)

**Letters to the Editor:**

Do you have an issue that you would like aired in the Midlands Herald, if so send your letters to:

The Editor *Midlands Herald*  
 Po Box 33 Campbell Town 7210

Note: Letters to the editor will not be published if they haven't been addressed and signed. First names only will be published as a salutation to all letters  
 The Midlands Herald Reserves the right not to publish letters that may be defamatory



### Crossword Solution No 63



**Joke of the Month**

The blonde reported for university final examination that consists of yes/no type questions. She takes her seat in the examination hall, stares at the question paper for five minutes and then, in a fit of inspiration, takes out her purse, removes a coin and starts tossing the coin, marking the answer sheet: Yes for Heads, and No, for tails. Within half an hour she is all done, whereas the rest of the class is still sweating it out. During the last few minutes she is seen desperately throwing the coin, muttering and swearing. The moderator, alarmed, approaches her and asks what she is going on. "I finished the exam in half an hour, but now I'm checking my answers."

Please help the Midlands Herald remain a free community newsletter by advertising for just \$20.00 per issue

**Distribution** The Newsletter is available from a variety of outlets in **Campbell Town. Ross:** The Wool Centre & the Post Office, News-agent. Online at [www.campbelltown.tco.asn.au](http://www.campbelltown.tco.asn.au)  
 Also available at **Epping Forest Roadhouse. Conara:** direct delivery to every household, **Avoca** Post office.

**Newsletter Contacts**  
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 Email [campbelltown@tco.asn.au](mailto:campbelltown@tco.asn.au)

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